

PROCEDURE TO CLEAN

Answer the following questions.

1. Match the body part to the action.

SORT ELEMENTS

- | | |
|--|-------------|
| <input type="radio"/> wash at the sink | fingernails |
| <input type="radio"/> brush after every meal | hands |
| <input type="radio"/> keep these clean | hair |
| <input type="radio"/> shampoo and condition | teeth |
| <input type="radio"/> soap and scrub | body |

2. Place the procedure to wash hands in the correct order.



___ Cup the finger together, (first right over left, then left over right) rub the finger against your palm.

___ Wet hands and soap hands with a good enough lather.

___ Then use the fingers to rub the back of hands.

___ Rub both palms and fingers together.

___ Finally, rub finger over the palm in circular motion.

___ Rub your hands, palm to palm.

___ Clean the thumbs, while enclosing it in the free hand.

Name: _____ Date: _____

3. Place the procedure to brush teeth in the correct order.



___ Clean the chewing surfaces.

___ Clean the inner surfaces of you upper teeth, then your lower teeth.

___ Brush your tongue.

___ Place a pea-size amount of toothpaste on the toothbrush.

___ Gagle with mouthwash.

___ Clean the outer surface of your upper teeth, then your lower teeth.

___ Spit and rinse the mouth.