

Name: _____

Date: _____

What Makes Me Feel Happy

**Place a
happy photo
of yourself
here.**



Name three (3) things I like about myself

- 1.
- 2.
- 3.

Name three (3) things I can do well.

- 1.
- 2.
- 3.

Name three (3) people who make me happy

- 1.
- 2.
- 3.